

# Young Adult **Blue**<sup>SM</sup>

An individual health plan from Blue Cross Blue Shield of Michigan.



	In-Network	Out-of-Network
<b>NOTE:</b> All benefits, except preventive services, are subject to a 180-day waiting period for pre-existing conditions.		
<b>Benefit Highlights</b>		
<b>Annual deductible</b>	\$1,000 per individual contract, per calendar year	\$1,000 per individual contract, per calendar year
<b>Copays</b>	30% of the BCBSM-approved amount	50% of the BCBSM-approved amount
<b>Annual copay dollar maximum</b>	\$2,500 per individual contract	The out-of-network annual copay dollar maximum is unlimited. Out-of-network copays contribute to the in-network copay dollar maximum.
<b>Annual out-of-pocket maximum:</b> The annual out-of-pocket maximum limits the amount members are responsible for paying each year. Once the annual out-of-pocket maximum is met, most services are payable at 100% of the BCBSM-approved amount.	\$3,500 per individual contract	No out-of-pocket maximum
<b>Lifetime maximum</b> (per member)	\$5 million	
<b>Fourth-quarter deductible carryover</b>	Any amount you pay toward your deductible during the last three months of the calendar year will be applied to your deductible for the following calendar year. We will not apply amounts paid under other contracts toward your deductible.	
<b>Preventive Services</b>		
<b>Preventive medical services:</b> Includes health maintenance exam, routine laboratory and radiology, fecal occult blood screening, flexible sigmoidoscopy, gynecological exam, childhood immunizations (through age 15), Pap smear screening, prostate specific antigen screening, well-baby and well-child exams (6 visits per year through age 1; 2 visits per year, ages 2 through 3; 1 visit per year, ages 4 through 15)	Not covered	
<b>Mammography screening</b>	Covered – 70% after deductible	Covered – 50% after deductible
<b>Preventive dental</b>	Not covered	
<b>Preventive vision (VSP provider network only)</b>	Not covered	
<b>Physician Office Services</b>		
<b>Office visits</b>	Not covered	
<b>Outpatient presurgical second opinion consultations</b>	Covered – 100% after deductible	Covered – 50% after deductible
<b>Office consultations</b>	Not covered	

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<b>Emergency and Urgent Care Services</b>		
Medical emergencies and accidental injuries	Covered – 70% after in-network deductible	
Ambulance service: medically necessary, emergency ground transport and air ambulance	Covered – 70% after in-network deductible	
Urgent care	Not covered	
<b>Diagnostic and Radiation Services</b>		
Ultrasound	Covered – 70% after deductible	Covered – 50% after deductible
Laboratory tests and pathology	Covered – 70% after deductible	Covered – 50% after deductible
EKGs	Covered – 70% after deductible	Covered – 50% after deductible
Diagnostic radiology and X-rays	Covered – 70% after deductible	Covered – 50% after deductible
Colonoscopies (diagnostic)	Covered – 70% after deductible	Covered – 50% after deductible
CT scans and MRIs (BCBSM-participating facilities only)	Covered – 70% after deductible	Covered – 50% after deductible
Radiation therapy	Covered – 70% after deductible	Covered – 50% after deductible
<b>Maternity Services</b>		
Delivery and newborn exam	Not covered	
Pre and postnatal exams (office visits)	Not covered	
<b>Inpatient Hospital Care</b>		
Semi-private room: 120 days with 60-day renewal (BCBSM-approved facilities only)	Covered – 70% after deductible	Covered – 50% after deductible
Inpatient consultations	Covered – 70% after deductible	Covered – 50% after deductible
Complications of pregnancy	Covered – 70% after deductible	Covered – 50% after deductible
<b>Surgical Care – Hospital or Outpatient</b>		
Inpatient surgical care	Covered – 70% after deductible	Covered – 50% after deductible
Outpatient surgical care	Covered – 70% after deductible	Covered – 50% after deductible
Physician surgical services	Covered – 70% after deductible	Covered – 50% after deductible
Gender reassignment surgery and services	Not covered	
Bariatric surgery and services	Not covered	

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<b>Alternatives to Hospitalization</b>		
Home health care: up to the annual maximum (BCBSM-participating providers only)	Covered – 70% after in-network deductible	
Hospice care: up to the annual dollar maximum (BCBSM-participating programs only)	Covered – 100% no deductible	
<b>Outpatient Services</b>		
Outpatient physical, occupational and speech therapy: 60 consecutive days per condition	Covered – 70% after deductible	Covered – 50% after deductible
Chemotherapy (IV and oral)	Covered – 70% after deductible	Covered – 50% after deductible
Home infusion therapy (BCBSM-participating providers only)	Covered – 70% after in-network deductible	
Voluntary sterilization	Covered – 70% after deductible	Covered – 50% after deductible
Prosthetics (BCBSM-participating providers only)	Covered – 70% after in-network deductible	
<b>Other medical benefits</b>		
Insulin, disposable needles and syringes dispensed with insulin, diabetic testing supplies	Covered – 70% after deductible	Covered – 50% after deductible
Outpatient diabetes management program	Covered – 70% after deductible	Covered – 50% after deductible
Contraceptives	Not covered	
<b>Organ Transplantation</b>		
Bone marrow transplants	Covered – 70% after deductible	Covered – 50% after deductible
Kidney, cornea and skin transplants	Covered – 70% after deductible	Covered – 50% after deductible
Specified organ transplant: \$1 million lifetime maximum per transplant type, included in the \$5 million lifetime maximum (BCBSM-designated facilities only)	Covered – 100% no deductible	

	In-Network	Out-of-Network
<b>Mental Health and Substance Abuse Treatment</b>		
<b>Inpatient mental health (BCBSM-approved facilities only)</b>	Covered – 70% after deductible, 30 days with 60-day renewal	Covered – 50% after deductible, 30 days with 60-day renewal
<b>Outpatient mental health</b>	Not covered	
<b>Substance abuse: inpatient (residential) and outpatient, up to state-mandated benefit (BCBSM-approved facilities only)</b>	Covered – 70% after deductible	Covered – 50% after deductible
<b>Prescription Drugs</b>		
You are eligible for the BCBSM Affinity Rx Program, which allows you to purchase prescription drugs at the BCBSM–negotiated rate rather than at full retail price.		

**NOTE:** Out-of-network and nonparticipating providers may bill members for the difference between BCBSM's approved amount and the provider's charge, even when referred.

**Exclusions and Limitations:** Conditions covered by workers' compensation or similar law; services or supplies not specifically listed as covered under your benefit plan; services received before your effective date or after coverage ends; services you wouldn't have to pay for if you did not have this coverage; services or supplies that are not medically necessary; physical exams for insurance, employment, sports or school; any amounts in excess of BCBSM's approved amount; cosmetic surgery; dental care, dental implants or treatment to the teeth except as specifically stated in your benefit plan; hearing aids; infertility services; private duty nursing; eyeglasses or contact lenses; telephone, facsimile machine or any other type of electronic consultation; educational services, except as specifically provided or arranged by BCBSM; nutritional counseling; care or treatment furnished in a nonparticipating hospital, except as specifically stated in your benefit plan; personal comfort items; custodial care; services or supplies supplied to any person not covered under your benefit plan; services while confined in a hospital or other facility owned or operated by state or federal government, unless required by law; services provided by a professional provider to a family member; services provided by any person who ordinarily resides in the covered person's home or who is a family member; any drug, medicine or device that is not FDA-approved, unless required by law; vitamins, dietary products and any other nonprescription supplements; dental services, except for dental injury; appliances or supplies; war or any act of war, whether declared or not; communication or travel time, lodging or transportation, except as stated in your benefit plan; foot care services, except as stated in your benefit plan; health clubs or health spas, aerobic and strength conditioning, work hardening programs and related material and products for these programs; hair prosthesis, hair transplants or implants; experimental treatments, except as stated in your benefit plan; weight loss programs; and alternative medicines or therapies.

This document is intended to be an easy-to-read summary. It is not a contract. Additional limitations and exclusions may apply to covered services. A complete description of benefits is contained in the applicable Blue Cross Blue Shield of Michigan certificate and riders. Payment amounts are based on the BCBSM-approved amount, less any applicable deductible and/or copay amounts required by the plan. All covered benefits are subject to a pre-existing conditions waiting period, unless noted otherwise. This coverage is provided pursuant to a contract entered into in the state of Michigan and shall be construed under the jurisdiction and according to the laws of the state of Michigan.